



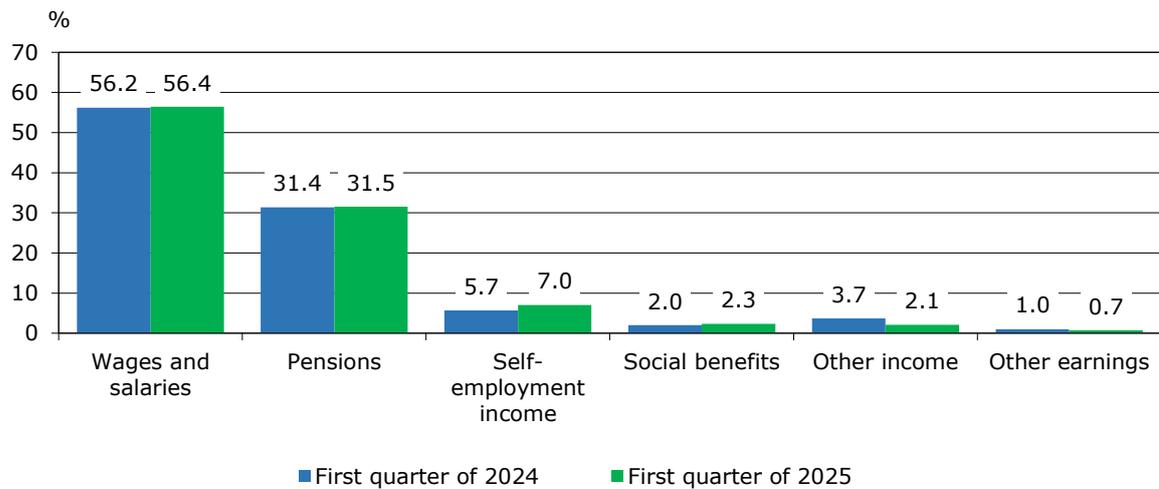
## HOUSEHOLD INCOME, EXPENDITURE AND CONSUMPTION DURING THE FIRST QUARTER OF 2025

### Household Income

The quarterly total income average per household member was 3 271 BGN during the first quarter of 2025 and it increased by 15.2% compared to the same quarter of 2024.

The highest relative share of income within the structure of the total income was the one from wages and salaries (56.4%). The relative share of income from pensions was 31.5%, and from self-employment - 7.0%. Compared to the first quarter of 2024, the relative share of income from self-employment increased by 1.3 percentage points (pp), the share of income from wages and salaries - by 0.2 pp and from pensions - by 0.1 percentage points.

**Figure 1. Structure of the total household income during the first quarter of 2024 and 2025**



In nominal terms, during the first quarter of 2025 compared to the same quarter of 2024, the average income per capita by source of income changed as follows:

- from **wages and salaries** it increased from 1 597 BGN to 1 845 BGN (by 15.5%);
- from **self-employment** it increased from 161 to 229 BGN (by 42.2%);
- from **pensions** it increased from 892 BGN to 1030 BGN (by 15.5%);
- from **social benefits** it increased from 55 BGN to 73 BGN (by 32.2%).

The relative share of monetary income in the structure of the total income during the first quarter of 2025 was 99.7% and the share of income in kind was 0.3%.

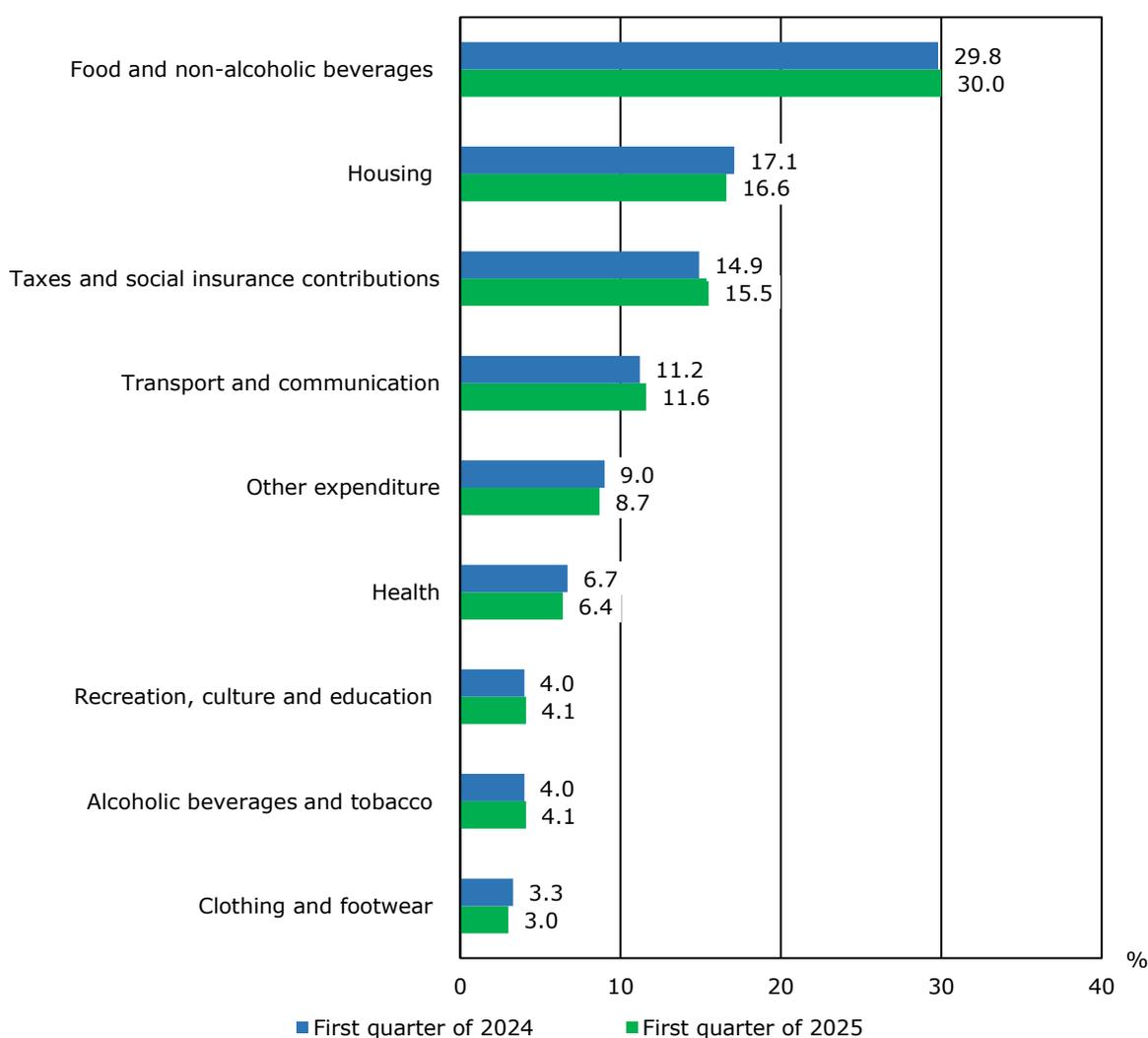
## HOUSEHOLD INCOME, EXPENDITURE AND CONSUMPTION DURING THE FIRST QUARTER OF 2025

### Household Expenditure

**The quarterly total expenditure** average per household member during the first quarter of 2025 was 2 861 BGN and it increased by 13.3% compared to the same quarter of 2024.

The greatest share in the formation of the total expenditure was the expenditure on food and non-alcoholic beverages - 30.0%, as well as the expenditure on housing - 16.6%, on taxes and social insurance contributions - 15.5%, and on transport and communication - 11.6%.

**Figure 2. Structure of the total household expenditure during the first quarter of 2024 and 2025**



The relative share of food and non-alcoholic beverages increased by 0.2 pp compared to the first quarter of 2024, the share of taxes and social insurance contributions increased by 0.6 pp and the share of transport and communication increased by 0.4 percentage points. The share of housing decreased by 0.5 percentage points.

## HOUSEHOLD INCOME, EXPENDITURE AND CONSUMPTION DURING THE FIRST QUARTER OF 2025

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During the first quarter of 2025, compared to the same quarter of 2024, as absolute values, the average per capita expenditure by group changed as follows:

- on **food and non-alcoholic beverages** it increased from 753 BGN to 859 BGN (by 14.1%);
- on **alcoholic beverages and tobacco** it increased from 102 BGN to 116 BGN (by 14.1%);
- on **clothing and footwear** it increased from 83 BGN to 86 BGN (by 3.4%);
- on **housing (water, electricity, heating, furnishing and maintenance of the house)** it increased from 431 BGN to 475 BGN (by 10.1%);
- on **health** it increased from 169 BGN to 182 BGN (by 8.2%);
- on **transport and communication** it increased from 285 BGN to 331 BGN (by 16.2%);
- on **recreation, culture and education** it increased from 101 BGN to 117 BGN (by 16.6%);
- on **taxes and social insurance contributions** it increased from 375 BGN to 443 BGN (by 18.1%).

### Household Consumption

The consumption of the most basic food products on average per household member during the first quarter of 2025 compared to the same quarter of 2024 changed as follows:

- The biggest increase was in fruit consumption - from 12.4 to 12.9 kg kilograms;
- The biggest decrease was in bread and paste products consumption - from 18.0 kg to 16.9 kilograms;
- The consumption of eggs, dry beans and sugar remained unchanged (Table 1).

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**Table 1. Consumption of main food products on average per household member  
during the first quarter of 2024 and 2025**

<b>Foods</b>	<b>First quarter of 2024</b>	<b>First quarter of 2025</b>
Bread and paste products - kg	18.0	16.9
Meat - kg	10.0	10.2
Meat products - kg	4.3	4.2
Milk - litres	4.9	5.0
Yoghurt - kg	6.8	6.9
White cheese - kg	2.8	2.7
Eggs - number	41	41
Vegetable oils - litres	2.5	2.4
Fruit (fresh and frozen) - kg	12.4	12.9
Vegetables (fresh and frozen) - kg	14.3	14.5
Dry beans - kg	1.0	1.0
Potatoes - kg	6.8	6.7
Sugar - kg	1.3	1.3

## HOUSEHOLD INCOME, EXPENDITURE AND CONSUMPTION DURING THE FIRST QUARTER OF 2025

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### Methodological notes

The source of data is the quarterly household budget survey. It is a sample survey. The sample used for the survey is a random sample of 3 060 households.

**A regular household** consists of two or more persons living in one dwelling or part of a dwelling, having their meals together and having a common budget, irrespective of whether they are relatives. A household is also one person living alone, having meals separately and having his/her separate budget.

The household budgets survey does not study institutional households.

The main indicators for income, expenditure and consumption are estimated quarterly and annually as average values and relative share.

**Household income** in cash and kind includes all receipts of household members from wages and salaries, pensions, entrepreneurship, unemployment benefits, social benefits, etc. Other regular or irregular transfers from other households and property sales are also included.

**Household expenditure** includes expenditure for food, beverages, tobacco, housing (water, electricity, heating, furnishing and maintenance), transport, communications, health, taxes, social insurance contributions, etc.

**Consumption** average per household member includes the quantities of foods and beverages consumed at home and does not include consumption in public catering establishments.

More information on the household budget survey and its results can be found on the website of NSI ([www.nsi.bg](http://www.nsi.bg)) under the heading 'Households Income and Expenditure' and in the Information System INFOSTAT.